

A new course for parents

‘Helping our children achieve more’

by



This is a new course designed to support the priorities of Lancashire’s Children and Young People’s Plan 2011 – 2014 and in response to Best Start Lancashire.

The course consists of 5 interactive workshops that will engage parents and carers, increasing their knowledge and practical parenting skills.

- Healthy and Active - *Healthy lifestyles and healthy food*
- Safe and Fit – Go, Go, Go! - *Safety, safe risks and outdoor play*
- More Laughter than Tears - *Social and emotional development including music time and games*
- Getting Better Everyday - *Developing relationships, confidence and good behaviour, with lots of tips!*
- ‘I can do it’ - On My Own - *Independence skills, story time and encouraging listening and talking*

The course will focus on the core belief of Lancashire Children’s Trust we can “make a positive difference to their lives”.

The sessions are bespoke and support the priority focus, local initiatives, projects and the core services of the Children’s Centre.

The aim is to give children the best possible start by increasing the knowledge, understanding and skills of parents and carers.

For more details and to book a course contact

Orchard Training, 28 Highwoods Park, Brockhall Village, Old Langho,
Nr. Whalley, Lancashire BB6 8HN

Tel: 01254 240413

e: christine@orchardtraining.com W: www.orchardtraining.com